

Pycnanthemum virginianum
Mountain Mint/Virginia Mountain-mint



Summer Foliage



Summer Flowers

Characteristics: Herbaceous perennial

Appearance:

Height – 2-3 ft.

Spread – 1-1.5 ft.

Flower Description – White

Flowering Period – July-September

Habitat (Community): Wet prairies; stream edges; moist bluffs, wet meadows, swamps and along ponds.

Hydrology:

Indicator Status – Facultative, Facultative Wetland +

Non-Tidal Regime – Grown in average, medium, well-drained soil in full sun.

Distribution: Maine to North Dakota, south to Georgia and Oklahoma, north to New Brunswick and Ontario